

COUPLE WORKSHOP IN COLOGNE

"Let's take our time?"



Saturday, 21.11.2020 from 10:00 am to 4:00 pm

Good Communication is the Be-all and End-all of a Successful Relationship

This workshop gives couples time & opportunity to talk to each other. The participants sharpen their attention for each other, practice the art of listening and engage in a change of perspective. And: Moderated couple exercises open up a different point of view on the relationship. The participants learn more about the influence of their own attitudes and behavior on the quality of their relationship. Of course, the privacy of the participants remains protected. Depending on the participants, the workshop is multilingual: German and English.

Direction: Satu Marjatta Massaly, Heilpraktikerin Psychotherapie, www.interkulturelle-paarberatung.koeln und Sofia Sombra de Longwitz, social worker, systemic family therapist

Location: Rheinmediation, Friesenwall 26, 50672 Köln (no parking spaces available)

Info & Registration: Registration deadline 13.11.2020 under satumassaly@online.de or mobile 01522 9267514

Cost Contribution: 60.00 euros per couple. The workshop is offered by the Verband binationaler Familien und Partnerschaften, iaf e.V.. Drinks and snacks are available on site. During lunch break there are opportunities to take a snack in the nearby area. The number of participants is max. limited to six pairs.

Feedback selection of participants from previous couple workshops: "I really enjoyed the day yesterday! We were able to address various issues as a couple without any interference." • "My husband O'Ton: Oh, that was great, we do that every two weeks now! From me: good methods, very varied, good mix between intimacy for them couples and exchange in the group. The workshop was professional, but still warm and individual" • "The couple workshop was very good for us. Our ability to communicate as a couple then improved. The training of the dialogues in particular encouraged us. We are grateful for the encounter with the other participants."



**Verband binationaler
familien und partnerschaften**